

DAY	TIME	PROVIDER	TOPIC
Monday March 2 nd	04:00p-05:00p	Amanda Wishart LCSW	SUD Basics
Tuesday March 3 rd	04:00p-05:00p	Lita Gentry LCSW	Grief and Process (all ages)
Monday March 9 th	04:00p-05:00p	Paul Nevis LCSW	Learned Helplessness (all ages)
Tuesday March 10 th	04:00p-05:00p	Amanda Wishart LCSW	Relapse proneness and prevention
Monday March 16 th	04:00p-05:00p	Lauren McCarthy LMFT LCADC	Treatment approaches and supportive services
Tuesday March 17 th	04:00p-05:00p	Lita Gentry LCSW	Anger Management (adults)
Monday March 23 rd	04:00p-05:00p	Paul Nevis LCSW	Technology and Mental Health (teens)
Tuesday March 24 th	04:00p-05:00p	Amanda Wishart LCSW	Co-occurring disorders
Monday March 30 th	04:00p-05:00p	Lauren McCarthy LMFT LCADC	Cycles
Tuesday March 31 st	04:00p-05:00p	Lita Gentry LCSW	Postpartum
Monday April 6 th	04:00p-05:00p	Paul Nevis LCSW	Grief and Process (all ages)
Tuesday April 7 th	04:00p-05:00p	Amanda Wishart LCSW	SUD Basics
Monday April 13 th	04:00p-05:00p	Lauren McCarthy LMFT LCADC	Relapse proneness and prevention
Tuesday April 14 th	04:00p-05:00p	Lita Gentry LCSW	Intimate Partner Violence (adults)

Monday April 20 th	04:00p-05:00p	Paul Nevis LCSW	Learned Helplessness (all ages)
Tuesday April 21 st	04:00p-05:00p	Amanda Wishart LCSW	Treatment Approaches and Supportive Services
Monday April 27 th	04:00p-05:00p	Lauren McCarthy LMFT LCADC	Co-occurring Disorders
Tuesday April 28 th	04:00p-05:00p	Lita Gentry LCSW	DBT Skills for Distress Tolerance
Monday May 4 th	04:00p-05:00p	Paul Nevis LCSW	Anger Management (adults)
Tuesday May 5 th	04:00p-05:00p	Amanda Wishart LCSW	Cycles
Monday May 11 th	04:00p-05:00p	Lauren McCarthy LMFT LCADC	SUD Basics
Tuesday May 12 th	04:00p-05:00p	Lita Gentry LCSW	Grief and Process (all ages)
Monday May 18 th	04:00p-05:00p	Paul Nevis LCSW	Technology and Mental Health (teens)
Tuesday May 19 th	04:00p-05:00p	Amanda Wishart LCSW	Relapse Proneness and Prevention
Monday May 25 th	04:00p-05:00p	Lauren McCarthy LMFT LCADC	Treatment Approaches and Supportive Services
Tuesday May 26 th	04:00p-05:00p	Lita Gentry LCSW	Anger Management (adults)
Monday June 1 st	04:00p-05:00p	Paul Nevis LCSW	Grief and Process (all ages)
Tuesday June 2 nd	04:00p-05:00p	Amanda Wishart LCSW	Co-occurring Disorders
Monday June 8 th	04:00p-05:00p	Lauren McCarthy LMFT LCADC	Cycles

Tuesday June 9 th	04:00p-05:00p	Lita Gentry LCSW	Postpartum
Monday June 15 th	04:00p-05:00p	Paul Nevis LCSW	Anger Management (adults)
Tuesday June 16 th	04:00p-05:00p	Amanda Wishart LCSW	SUD Basics
Monday June 22 nd	04:00p-05:00p	Lauren McCarthy LMFT LCADC	Relapse Proneness and Prevention
Tuesday June 23 rd	04:00p-05:00p	Lita Gentry LCSW	Intimate Partner Violence (adults)
Monday June 29 th	04:00p-05:00p	Paul Nevis LCSW	Learned Helplessness (all ages)
Tuesday June 30 th	04:00p-05:00p	Amanda Wishart LCSW	Treatment Approaches and Supportive Services